

# 2024 Florida Baton & Dance Regional Championship

This is a Super Regional Competition. All surrounding states are welcome.  
Open events are offered for Titles, Individual Solos, as well as Elementary, Middle, High School, and Collegiate Twirling & Dance Teams.



## CONTEST DIRECTORS:

Candice Dowdy (407) 617-9358 and Maria Cortes (407) 704-9977

**CONTEST DATE: Saturday, April 13, 2024**

**ENTRY DEADLINE: Postmarked by March 18, 2024 (Awards must be ordered)**

*Entries received after this date will be charged a late fee of \$5.00 per event, maximum \$20.00*

**CONTEST LOCATION: East River High School  
650 East River Falcons Way, Orlando, FL 32833**

**TIME: Doors open at 8:00am; Contest will begin promptly at 8:30am  
All events will be your Contest Age as of July 27, 2024**

**AAU MEMBERSHIP IS NOT REQUIRED TO PARTICIPATE IN OPEN EVENTS**

### 1. Participants who ARE AAU Members:

- Eligibility to win a scholarship and the Academic All American Award
- Eligibility to qualify to participate in the 2024 Junior Olympic Games

# GENERAL CONTEST INFO:

- **AAU BATON & DANCE RULES:** The 2024 AAU Baton Twirling Rulebook and the 2024 Dance Rulebook are available at [www.aubaton.org](http://www.aubaton.org) with submission of entry forms. AAU Membership must be obtained **PRIOR** to submitting entry (**NOTE AGES 18+:** Membership is not instant so please allow several days to process).
- **FACILITY FEE:** There will be a one-time \$15 facility fee per athlete. The facility fee will be in place of a door fee.. **All solo and team participants** must pay this fee with their solo or team entry form.
- **PAYMENT:** Make checks payable to: Candice Dowdy. All fees due with entries by March 18, 2024. \$30 Returned Check Fee. Payment will also be accepted when registering through the Red-Podium link.
- **REFUNDS:**  
\*\*No refunds on entry fees or credits to other competitions will be given.
- **CHANGES TO ENTRIES:** The contest director reserves the right to make any changes deemed necessary. No changes by contestants may be made once an entry is received. ONLY errors made by the contest director will be corrected the day of the contest.  
**NO ENTRIES WILL BE ACCEPTED THE DAY OF THE CONTEST.**
- **FOOD:** A concession stand will be provided during the day. Outside food or drinks are allowed, but not in the gym.
- **MUSIC:** All team and solo events that require music must email the music director an **MP3 file** to [kemericau@gmail.com](mailto:kemericau@gmail.com) by the March 18 entry deadline. Music will be played on a laptop through **the sound system at the** contest. **Team directors** and Solo Dancers should also bring a back-up copy for your music

- **WAIVERS:** **Waivers must be signed & submitted with entry form for every participant in the competition** (solo and team members). Participants will not be allowed to participate unless the necessary forms have been properly completed and signed by a parent/legal guardian or participant.

## ORDER OF EVENTS

### SATURDAY:

- 8:00am Gym Opens; Contest Starts 8:30am
- All Team Events
- All Solo Events with Music or that require full floor
- All remaining Individual Solo Events
- Team awards announced during afternoon
- Final Awards Presentation at end of day

*AAU Baton & Dance Solo / Team Awards for all events **THAT ARE NOT** championships will be posted as they are available.*

*Individuals can pick up awards after their last event.*

*Team Directors, please pick up team awards at the end of Contest*

## AAU MEMBERSHIP INFO:

- Participants who are **AAU Members**
  - Eligible to win the Academic All-American Award and a scholarship.
  - Eligible to qualify to participate in the 2024 Junior Olympic Games.
- **AAU Membership is not included in the event entry fee.**
- AAU Membership must be obtained **BEFORE** competition day in order to receive member benefits and qualifications.
- Participants are encouraged to visit the AAU Website at [www.aausports.org](http://www.aausports.org) to obtain membership.
- This event is licensed by the Amateur Athletic Union of the U.S., Inc.

## AAU BATON & OPEN EVENTS

**Contest Age:** Age as of 7/27/2024

**Age Divisions, Levels, & Requirements:**  
See 2024 AAU Baton Twirling Rulebook.

### AAU Team Events Offered:

Twirling Team, Dance-Twirl Team, Novelty Twirl Team, Street Parade Team, Show Twirl Team, Auxiliary Majorette Line, College Majorette Line, Auxiliary Pom Line, Auxiliary Dance Line, Auxiliary Drill Team, Auxiliary Guard, Twirling Corps, & Parade Corps.

### High School and Collegiate Halftime

**Open Team Events:** (These teams do not qualify for AAU Junior Olympics)  
Dance-Twirl Team and Novelty Twirl Team for Elementary, Middle, High School, and Collegiate.

### Team Sizes for Twirling Team, Dance-Twirl Team, Novelty Twirl Team, Auxiliary

**Majorette Line:** Extra-Small (2-3), Small (4-9), Large (10-19), Extra-Large (20+)

**Team Sizes for Corps:** Small (10-14), Large (15-19), Extra Large (20+)

**Team Sizes for All Other Events:** Small (4-9), Large (10-19), Extra-Large (20+)

**Cost:** \$12.50 per person, per routine.

## AAU BATON SOLO EVENTS

**Contest Age:** Age as of 7/27/2024

**Age Divisions, Levels, & Requirements for Baton Solo Events:** See 2024 AAU Baton Twirling Rulebook.

### AAU Baton Solo Events Offered:

Basic Strut, Military Strut, Parade Strut, X-Strut, Straight-Line Strut, One-Baton, Two-Baton, Three-Baton, Multiple Baton, Hoop, Flag, Dance Twirl Solo, Novelty Solo, Collegiate Half-Time, Collegiate Down field

**NEW: Sports Press Twirling Presentation**

## SOLO CHAMPIONSHIP EVENTS

**NOTE:** These Championship Events are NOT qualifying events for the AAU Junior Olympic Games. These are Title Events for the Florida District Only.

### EVENTS & REQUIREMENTS:

- ◆ **Florida Twirling All-Star:** X-Strut, One-Baton Solo and Two-Baton Solo
  - Solo One-Baton determines competition level (One-baton score is used to break tie).
  - Levels offered: Novice, Beginner, Intermediate and Advanced
- ◆ **Florida Parade Majorette:** Perform Basic, Military Strut, and Parade Strut (Basic score is used to break tie).
  - Levels offered: Novice and Beginner only.
- ◆ **Open Elementary, Middle, High, Collegiate Champion:** Perform either a Dance Twirl solo or a Novelty solo.
  - 2023-2024 school year grade determines division.
  - Levels offered:
    - Elementary: Grades 1-5
    - Middle: Grades 6-8
    - High: Grades 9-12
    - Collegiate

*NOTE: Twirlers do not have to twirl for their school line to compete in these divisions.*

## AAU ALL-AROUND BATON CHAMPIONSHIP EVENT

If you wish to enter the AAU All-Around Championship event at the **2024** AAU Junior Olympic Games competition, you must enter **ALL** of the events required for your division (refer to Rulebook for the list of required events).

A bid to compete in the AAU Junior Olympics will be awarded to all who have entered the required categories for their Championship level.

## DANCE TEAM EVENTS

**AGE DIVISIONS:** 0-6 (Tot), 7-9 (Juvenile), 10-13 (Junior), 14 -18 (Senior), 19-22 College (University/College), 23+ (Adult)

**CONTEST AGE:** AGE AS OF 7/27/2024

**TEAM SIZES (All Teams Except Production):** Extra-Small (2-3), Small (4-9), Large (10-19), Extra-Large (20+)

**PRODUCTION TEAM SIZE:** 10+

**LEVELS:** Recreational (no more than 1 ½ hrs in studio per wk), Competitive (more than 1 ½ hrs in studio per week), School Team

**COST:** \$12.50 per person, per routine

**AWARDS:** Each team member receives a medal; results posted; directors pick up team awards.

**TIME LIMITS:** 1 ½-3 min (all teams except production); 6-8 min (production)

**DANCE RULES:** Will follow 2024 AAU Dance Rules.

**DANCE TEAM EVENTS:** Pom, Jazz, Lyrical, Modern/Contemporary, Hip Hop, Kick, Musical Theater/Character, Novelty, Ballet, Production

## AWARDS

### All AAU Baton & Dance Events:

- Medals for Individual and Team Events
- Results will be posted for each event
- Awards can be picked up at the end of the day
- Directors pick up team events at the end of the day

### AAU Championship Events:

- Trophy & Championship Prize for 1<sup>st</sup> Place
- Trophy for 2<sup>nd</sup> & 3<sup>rd</sup> Places

### PLACEMENTS & QUALIFICATIONS:

**Solo Events:** Medals for 1<sup>st</sup> – 3<sup>rd</sup> Place (Top 10 qualify for AAU Junior Olympics)

**Team Events:** Medals for 1<sup>st</sup> – 3<sup>rd</sup> Place (Top 6 qualify) for each event qualify for AAU Junior

2024 is a Qualifying Year. Placement is REQUIRED

## FLORIDA ACADEMIC ALL-AMERICAN AWARD

The application for the 2024 Florida Academic All-American Baton and Dance Award is attached in this entry packet. This award recognizes athletes for their academic achievements. It is open to all athletes that enter either solo or team events. One Award Winner will be selected from each; Elementary, Middle, High School, and College level. The winners will be announced at the contest and will be able to pick up their award. Applications must be mailed with entry. NO ENTRY FEE.

**AAU MEMBERSHIP IS REQUIRED TO BE ELIGIBLE FOR AWARD.**

## HOTELS IN ORLANDO, FL

- **Holiday Inn Express Hotel & Suites:** Orlando East UCF Area. 12250 East Colonial Drive, Orlando FL 32826. Tel #: 407-203-8595
- **Comfort Suites:** UCF/Research Park. 12101 Challenger Parkway, Orlando FL 32826. Tel #: 407-737-7303
- **Best Western:** 8750 East Colonial Drive, Orlando FL 32817. Tel #: 407-841-8600



# FLORIDA CHAMPIONSHIP T-SHIRT ORDER FORM

PLEASE MAIL WITH SOLO OR TEAM ENTRY FORM; MUST BE POSTMARKED BY MARCH 18, 2024

ATHLETE'S NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_



## ***CUSTOM T-SHIRT DESIGN COMING SOON***

SHIRT COLOR: TBD

### CHAMPIONSHIP T-SHIRT ORDERS

Select Size	Size	Cost
	Youth Small 6-8	\$15
	Youth Medium 10-12	\$15
	Youth Large 14-16	\$15
	Adult Small	\$15
	Adult Medium	\$15
	Adult Large	\$15
	Adult X-Large	\$15
	Adult 2XL	\$20
<b>TOTAL QUANTITY:</b>		<b>TOTAL COST:</b>

NOTE: ADD TOTAL AMOUNT OF SHIRT ORDER TO ENTRY FORM  
Be sure to include this form with your entry.

**SHIRTS CAN BE PICKED UP AT THE CHECK-IN TABLE UPON ARRIVAL AT THE COMPETITION.**



**FLORIDA BATON SOLO ENTRY AAU MEMBERSHIP NUMBER MUST BE PROVIDED BELOW**

NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ AGE AS OF 7/27/2024: \_\_\_\_\_ AAU MEMBERSHIP NUMBER: \_\_\_\_\_  
 ADDRESS (City, State, Zip): \_\_\_\_\_ HOME PHONE: \_\_\_\_\_ PARENT GUARDIAN NAME: \_\_\_\_\_ TEXTING: YES NO  
 EMAIL: \_\_\_\_\_ STUDIO/TEAM: \_\_\_\_\_ COACH'S PHONE: \_\_\_\_\_ COACH'S EMAIL: \_\_\_\_\_  
 COACH: \_\_\_\_\_

**A. FLORIDA SOLO EVENTS**

Circle Styles of Dances			
Jazz	Lyrical	Hip Hop	
Modern/Contemporary		Pom	
Category	Select	Title of Music:	
Jazz			
Lyrical			
Modern/Contemp			
Hip Hop			
Pom			

**Dance Solo Events**

**\$25 Each**

**B. FLORIDA BATON SOLO MUSIC EVENTS \$25 EACH**

Novelty Solo (Can use equipment)	Circle Level: Beg Adv	Challenger
<b>Title of Music:</b>		
Dance Twirl Solo (One-Baton Only)	Circle Level: All	Challenger
<b>Title of Music:</b>		
Collegiate Half-Time	Circle Level: All	Challenger
<b>Title of Music:</b>		
Collegiate Downfield	Circle Level: All	Challenger
<b>Title of Music:</b>		

**TOTAL OF ENTRY:**

Amount of Section A:	
Amount of Section B:	
Amount of Section C:	
Amount of Section D:	
\$ of T-Shirts Ordered:	
One Time Fee Per Athlete:	\$15
<b>GRAND TOTAL DUE:</b>	

**C. FLORIDA BATON CHAMPIONSHIP EVENTS**

	Select Level Below				
	Nov	Beg	Int	Adv	
<b>\$40 Per Event</b>					
Florida Twirling All-Star					
Florida Parade Majorette					
Florida Elem/Middle/High/ Collegiate Champion (Please complete all info to right)					
	Circle: Elem (Gr. 1-5) Sr. (Gr. 9-12)				
	Jr. (Gr. 6-8) Collegiate				
	Current Grade: _____				
	Circle Routine: Novelty Solo				
	Dance- Twirl Solo				
	<b>Title of Music:</b>				

**D. FLORIDA BATON SOLO EVENTS**

	Nov	Beg	Int	Adv	Elite	Chal.	Boys	Adult
<b>\$10 EACH</b>								
One-Baton								
Two-Baton								
Three-Baton								
Multiple Baton								
X-Strut								
Straight-Line Strut								
Parade Strut								
Basic Strut								
Military Strut								
Flag (Small)								
*New "Sports Press"								

ENTRY FEES MUST ACCOMPANY ENTRY.  
 ENTRIES MUST BE POSTMARKED BY MARCH 18, 2024  
 (NO LATE ENTRIES ACCEPTED) MAKE CHECKS PAYABLE TO: Candice Dowdy  
 MAIL TO: Candice Dowdy, 522 Hallowell Circle, Orlando, FL 32828



# FLORIDA BATON TEAM ENTRY

**TEAM ROSTER MUST ACCOMPANY THIS ENTRY FORM. SEE TEAM ROSTER PAGE**

Please complete **ONE** entry and roster **PER TEAM**, not per routine. All team members listed on roster must be participating in all routines listed on this entry page. For each routine that uses **DIFFERENT** performers, complete a different entry form and roster page. **(NOTE: All twirl team events will use Standard March Music)**

TEAM NAME: \_\_\_\_\_ NO. OF MEMBERS: \_\_\_\_\_ TEAMS AVERAGE AGE: \_\_\_\_\_

COACH: \_\_\_\_\_ EMAIL: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_ TEXTING: YES NO

STUDIO NAME: \_\_\_\_\_ ADDRESS (City/State/Zip): \_\_\_\_\_

AVERAGE AGES TO DETERMINE TEAM AGE		TEAM AGE		LEVEL		TITLE OF MUSIC	
BATON TEAMS	SIZE	Extra Large 20+	Large 15-19	Sm 4-9	Extra Large 20+		Sm 2-3
\$12.50 per member/per routine	# OF MEMBERS	Extra Large 20+	Large 15-19	Sm 4-9	Extra Large 20+	Sm 2-3	
Twirling Team							
Dance-Twirl Team							
Novelty Twirl Team							
Street Parade Team							
Show Twirl Team							
Auxiliary Majorette Line							
College Majorette Line							
Auxiliary Pom Line							
Auxiliary Dance Line							
Auxiliary Drill Team							
Auxiliary Guard							
Half-time							

AVERAGE AGES TO DETERMINE TEAM AGE		TEAM AGE		LEVEL		TITLE OF MUSIC	
BATON CORPS	SIZE	Extra Large 20+	Large 15-19	Sm 10-14	Sm 10-14		Sm 10-14
\$10 per member/per routine	# OF MEMBERS	Extra Large 20+	Large 15-19	Sm 10-14	Extra Large 20+	Sm 10-14	
Twirling Corps							
Parade Corps							

**TOTAL BATON TEAM AMOUNT DUE:**

	# of Members	Cost	Amount
ROUTINE #1		x \$12.50 ea	
ROUTINE #2		x \$12.50 ea	
ROUTINE #3		x \$12.50 ea	
ROUTINE #4		x \$12.50 ea	
ONE TIME FACILITY FEE PER ATHLETE REQUIRED		\$15.00	
<b>GRAND TOTAL OF ALL ROUTINES FOR THIS TEAM:</b>			

**MAKE CHECKS PAYABLE TO: Candice Dowdy**  
**MAIL TO: Candice Dowdy, 522 Hallowell Circle, Orlando, FL 32828**  
 ENTRY FEES MUST ACCOMPANY ENTRY.  
 ENTRIES MUST BE POSTMARKED BY MARCH 18 2024

(NO LATE ENTRIES ACCEPTED)



**FLORIDA DANCE TEAM ENTRY TEAM ROSTER MUST ACCOMPANY THIS ENTRY FORM... SEE TEAM**

Please complete **ONE** entry and roster **PER TEAM**, not per routine. All team members listed on roster must be participating in all routines listed on this entry page. For each routine that uses **DIFFERENT** performers, complete a different entry form and roster page.

TEAM NAME: \_\_\_\_\_ NO. OF MEMBERS: \_\_\_\_\_ TEAMS AVERAGE AGE: \_\_\_\_\_

COACH: \_\_\_\_\_ EMAIL: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_ TEXTING: YES NO

STUDIO NAME: \_\_\_\_\_ ADDRESS (City/State/Zip): \_\_\_\_\_

AVERAGE AGES TO DETERMINE TEAM AGE																								
DANCE TEAMS	# OF MEMBERS	SIZE				AVERAGE AGE	TEAM AGE			TEAM TYPE			TITLE OF MUSIC											
		Extra Sm 2-3	Sm 4-9	Lg 10-19	Extra Large 20+		Tot 0-6	Juvenile 7-9	Junior 10-13	Senior 14-18	Collegiate 19-22	Adult 23+		Recreational	Competitive	School Team								
\$12.50 per member/per routine																								
Pom																								
Jazz																								
Lyrical																								
Modern/Contemporary																								
Hip Hop																								
Kick																								
Musical Theater/Character																								
Novelty																								
Ballet																								
Production																								

TOTAL DANCE TEAM AMOUNT DUE:

	# of Members	Cost	Amount
ROUTINE #1		x \$12.50 ea	
ROUTINE #2		x \$12.50 ea	
ROUTINE #3		x \$12.50 ea	
ROUTINE #4		x \$12.50 ea	
ONE TIME FACILITY FEE PER ATHLETE		\$15	
<b>GRAND TOTAL OF ALL ROUTINES FOR THIS TEAM:</b>			

MAKE CHECKS PAYABLE TO: Candice Dowdy

MAIL TO: Candice Dowdy, 522 Hallowell Circle

Orlando, FL 32828

ENTRY FEES MUST ACCOMPANY ENTRY. ENTRIES MUST BE POSTMARKED BY

**MARCH 18, 2024 (NO LATE ENTRIES ACCEPTED)**





# AAU Florida Baton & Dance Participant Waiver

## ASSUMPTION OF RISK / WAIVER OF LIABILITY / INDEMNIFICATION AGREEMENT:

*In consideration of being allowed to participate on behalf of the 2024 AAU Florida Baton & Dance Championship event, the undersigned acknowledges, appreciates and agrees that...*

1. Participation includes possible exposure to and illness from infectious diseases, including but not limited to MRSA, influenza, and the novel COVID-19 virus. While particular discipline and practices implemented may reduce this risk of infection, the risk of serious illness and death does exist.
2. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS AAU Florida Baton & Dance, Candice Dowdy/Director, Brite Star Twirlers, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, school districts, and if applicable, owners and lessors of the premises used to conduct the event, WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
3. I, the undersigned or parent/guardian, do hereby give permission for the athlete named above to participate in the 2024 FLORIDA AAU Baton and Dance Championship. I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of injuries, damages or loss that, I or my minor child, may sustain as a result of participating in any activities connected with or associated with this competition.
4. I further release and hold harmless the Contest Director & Staff, AAU Florida Dance/Baton Twirling, East River High School and its officers, agents, servants, employees and representatives, from any claims for injury, illness, or loss that may be sustained.
5. I understand and will be responsible for any medical bills that may be incurred on behalf of my daughter/son/self for physical illness or injury they may sustain during the competition. The competition and its representatives reserve the right to send any participant/ attendee to a hospital for diagnosis and treatment, with the parent/guardian assuming full responsibility and costs.
6. I give permission for images of the athlete/myself to be captured during the competition to be used without further compensation to the athlete or myself. Images and videos may be used in promoting the competition and future events, press releases to local media, and Internet/social media sites pertaining to AAU, AAU Dance, and AAU Florida Baton Twirling.

**I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given substantial rights by signing it, and sign it knowingly, freely, and voluntarily, without any inducement. I, as a legal parent/guardian, have read and explained the rules, expectations, & procedures to my child(ren) and they understand & accept the risks and responsibilities. I, for myself, my child(ren), and accompanying guests, give consent and agree to the terms previously stated for all liabilities related to the presence and participation in this event, even if caused by their negligence, to the fullest extent provided by law.**

**Name of Participant:** \_\_\_\_\_

**Participant/Parent/Guardian Signature:** \_\_\_\_\_

**Participant/Parent/Guardian Printed Name:** \_\_\_\_\_

**Date Signed:** \_\_\_\_\_

**Note: The signed waiver/release should be kept on file by the sports organizer for a least 7 years and possibly longer if the twirling participant has contracted a serious illness.**